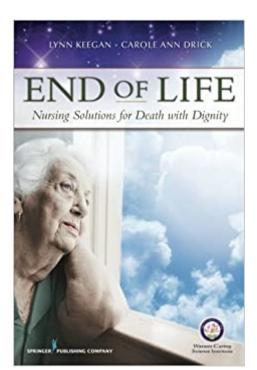


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# End Of Life: Nursing Solutions For Death With Dignity





#### Synopsis

2011 AJN Book of the Year Winner in both Gerontologic Nursing and Hospice and Palliative Care! The book is easy to read and is essential to all who work and care for those at the end of life. --David Shields, RN, MSN, QTTT Assistant Professor of Nursing Capital University The book is thought provoking and, if you are like me, you will be assessing (consciously or subconsciously) how good you or your service are at providing holistic care around the time of death. It deserves to be widely read and I hope it starts many a conversation. IAHPC Newsletter [This book] is a gem. It is a rare balance of an interesting read with an incredible integration of factual information. I intend to share it in my long term care circles...A wonderful contribution! Charlotte Eliopoulos, RN, MPH, PhD Executive Director American Association for Long Term Care Nursing Every once in a long while a short, succinct book comes along that awakens our senses and motivates us to action. [This] is one such book. It cuts right to the chase to offer a new, innovative change for an old, outmoded rite of passage.Barbara Dossey, PhD, RN, AHN-BC, FAANCo-Director, Nightingale Initiative for Global Health, Canada and VirginiaDirector, Holistic Nursing Consultants, New Mexico(From the Foreword) This professional clinical guide presents nursing administrators and nurses in acute care agencies, nursing homes, hospice, and palliative care settings with detailed implementation strategies for accommodating dying persons and their loved ones as they make the transition from physical life. It presents the need for and the development of the concept: Golden Room concept: a place for dying that facilitates a dignified, peaceful, and profound experience for dying persons and their loved ones. This book presents a practical solution on multiple levels that will benefit all involved-patient, family, nurses, administrators, policy makers, and insurance companies. It presents the theoretical frameworks for end-of-life care and how the Golden Room concept fits into these frameworks. Published in partnership with the Watson Caring Science Institute, this unique resource: Advocates the use of Golden Rooms, which provide dignified, private, and safe settings for death and dying Presents various cases that illustrate the need for a dignified death, as well as strategies on how to provide for this dignified death Provides questions of concern after each case scenario, suitable for class discussion or personal reflection Offers cost-effective end-of-life solutions for families, the medical establishment, and insurance companies

### **Book Information**

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#### **Customer Reviews**

The book is easy to read and is essential to all who work and care for those at the end of life. --David Shields, RN, MSN, QTTT Assistant Professor of Nursing Capital University|"The book is thought provoking and, if you are like me, you will be assessing (consciously or subconsciously) how good you or your service are at providing holistic care around the time of death. It deserves to be widely read and I hope it starts many a conversation." IAHPC Newsletter|"[This book] is a gem. It is a rare balance of an interesting read with an incredible integration of factual information. I intend to share it in my long term care circles...A wonderful contribution!" Charlotte Eliopoulos,RN, MPH, PhD Executive Director American Association for Long Term Care Nursing|"Every once in a long while a short, succinct book comes along that awakens our senses and motivates us to action. [This] is one such book. It cuts right to the chase to offer a new, innovative change for an old, outmoded rite of passage." Barbara Dossey, PhD, RN, AHN-BC, FAAN Co-Director, Nightingale Initiative for Global Health, Canada and Virginia Director, Holistic Nursing Consultants, New Mexico (From the Foreword)

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This book was suggested to me by a fellow colleague and I was very happy to finally find it! It is an excellent resource for those who have loved ones or have recently lost love ones to understand how the death process works and will help family members cope with the loved one's death with less guilt.

This wonderful book by Lynn Keegan and Carole Ann Drick is a must read for all health care workers and anyone approaching end of life whether from a disease or aging. It impacts a change in our societal approach to end of life that is compassionate and caring and honors LIFE. The solutions suggested would make end of life care a transition of peace and joy for the patient, the family and the health care providers.

Being present with other at end-of-life is one of the deepest blessings we will ever experience as holistic nurses. As we bear witness to this life-changing transformation, our heart-centered care is

grounded in compassion and illuminated through best practices designed to afford comfort, quality and peace. There are times that misunderstanding and limited resources endanger the very essence of what we hope for. Lynn Keegan and Carol Ann Drick have gifted us with a resource that is sure to inform holistic end-of-life care. Their gentle yet clear approach gives the reader valuable factual information and narratives that bring it to life in a real way. The stories are phenomenal...and shared in a way that helps us deeply appreciate the journey of the person and those who love them. Keegan and Drick's Golden Room posits a meaningful and doable option for those at end-of-life; an option that is loving, supportive and, ultimately, resource efficient. This idea deserves continued examination in the contemporary health care world. End of Life Nursing: Solutions for Death with Dignity is a must read for all who care for those affected by end-of-life...patients and loved ones alike. Indeed, it is a call to action for all of us! As an educator, this book will be added to those recommended for my students as they explore this unique nursing experience - holistic end-of-life care. I am grateful to Dr's Keegan and Drick for sharing this amazing work!Deborah Shields, RN, PhD, CCRN, QTTT, AHN-BCAssociate Professor of NursingCapital UniversityColumbus, Ohio

"End of Life" is an uplifting, lyrical orchestration celebrating the end of life, right down to the last note. It empathetically parallels the classic book "What to Expect When You Are Expecting" enhancing understanding for pregnant women. "End of Life" eases fears and paints a beautiful picture of good death realities. Keegan and Drick compassionately open doors to novel ideas and explorations celebrating that death is not a hush hush topic. It needs to be embraced, honored with dignity, and regarded as the last phase of a life well-lived. This is not a nursing manual, it is a book that will benefit all who want to live their best life until their last breath. How you and your family can lovingly plan and understand before you get there. It fans fresh air on death and dying our best death. A must read for everyone.

This book is truly a gem. It is a rare balance of an interesting read with an incredible integration of factual information. As a person who works with geriatric and long term care nursing I find that it could serve as a valuable resource to nursing home staff for holistic palliative/end of life care measures. A wonderful and unique contribution!Charlotte Eliopoulos RN, MPH, PhDExecutive DirectorAmerican Association for Long Term Care Nursing

First and foremost, this book is a fine intellectual read. The current statistical information is well researched and organized. The client history in story form at the beginning of each chapter sets the

stage for the information that follows. The Golden Room is an interesting concept. Although not for everyone, it would be good to have it available to those who could use the sensual harmony at their end of life. Thought provoking.

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